

# PALS

## School Readiness Program

### Playing and Learning to Socialise For Children Aged 4 to 6 Years

#### Details

Children aged 4-6 years old  
Thursday 12<sup>th</sup> & Thursday 19<sup>th</sup> January 2023  
9:30am-12:00pm (2.5 hours)  
\$390 (\$50 deposit required when booking)

#### Who can benefit from this?

Like all skills, some children develop social skills more easily than others. Children who are socially withdrawn and need extra teaching to learn how to interact socially with others. Children who are aggressive towards their peers need to master resolving their conflicts, empathising, and managing their anger.

PALS social skills program teaches these skills in a fun, practical, and engaging way.

Contact reception at

*Solutions for Life*

to secure your spot!

(07) 5549 1696

[reception@solutionsforlife.net.au](mailto:reception@solutionsforlife.net.au)

#### About PALS School Readiness Program

PALS Social Skills Program Readiness Program has been designed by clinical psychologists and early childhood educators. The children are taught constructive ways to solve problems that arise in social situations. This is done through stories acted out by puppets, video scenarios, probe questions, role play activities, and songs.

PALS Program consists of two 2.5 hour sessions focussing on particular skills necessary for getting children ready for starting school.

#### What is involved?

Each session, the children will meet with other children to learn new skills and be able to practice these skills in a safe and comfortable environment.

Each session will involve the children engaging in activities, role plays, learning and play for 2 hours. This is followed by a 30 minute parent section.